

What's the safest way to remove my own tooth?

A fist, we say. But to better answer your toothsome question, we enlisted Ramin Tabib, DDS, a cosmetic dentist from NYC Smile Design.

1. The only way you're going to be able to remove a tooth without crippling pain is if there's a problem with it already. So make sure your chomper is weak, loose, or otherwise distressed.
2. Shove an ice pack in your mouth for a good 10 minutes. You'll want to be numb for this, trust us.
3. Grab a pair of pliers (yes, it's exactly like your nightmares) and lock on. Start twisting and pulling slowly for just a few seconds. Walk away and weep softly while you think about your life decisions.
4. Repeat the ice and the loosening until the tooth comes free. Don't be alarmed by the gushing blood. That will stop. Probably. Look, you're pulling a tooth out with pliers, you can deal.



FAST FACTS

DECEMBER 12 IS
**NATIONAL POINSETTA
DAY!** DECORATE YOUR
BRAIN WITH TRIVIA



Its **scientific name is Euphorbia pulcherrima**, which means "very beautiful." Conceited A-hole.

The saddest NCAA bowl game is named the **Poinsettia Bowl**.

Women purchase 80 percent of poinsettias, and 80 percent of people who buy them are over 40 years old.

\$220 million worth of the plant are sold during the holiday season

Poinsettia sap can cause **blindness** in humans. Didn't see that one coming?

DUMB QUESTION OF THE MONTH

DOES PRESIDENT OBAMA FIT THE DESCRIPTION OF THE ANTICHRIST?

K. Mayfield, via e-mail

ACCORDING TO OBAMAANTI CHRIST.ORG, YES! But we

deltved a little deeper to answer your infernal query. Interestingly, the B-man lacks the requisite "seven heads" and "10 horns" of the Book of Revelation's beast. And he didn't "come from the sea." Although remember those pics of him frolicking shirtless on the beach in Hawaii? Gr-r-r-owl!



21



THE PERCENTAGE OF AMERICANS WHO HAVE NEVER USED THE INTERNET, ACCORDING TO A PEW RESEARCH CENTER STUDY LOOK AT THE PERSON TO YOUR LEFT, NOW AT THE PERSON TO YOUR RIGHT, NOW AT TWO OTHER PEOPLE...SOMEWHERE. ONE OF YOU HAS NEVER MASTURBATED TO INTERNET PORN. IT'S OK; WE'LL WAIT WHILE YOU PICK YOUR BRAIN UP OFF THE FLOOR.

YOU DIDN'T ASK, BUT WE'RE TELLING YOU ANYWAY

KNOWLEDGE YOU'LL WISH YOU NEVER HAD!

SCIENCE MEN AT ERCIYES UNIVERSITY in Turkey recently discovered a correlation between porkiness and porking: Fatties last longer in the sack. Chunky dudes averaged 7.3 minutes, while skinnier fellas lasted 1.8. While this sounds like awesome news, these extra coital minutes are due to extra female hormones. Help her find your G-spot!

